

**Healing Arts Center**  
**A Private Membership Association**  
**Mission, Privacy and Acknowledgement**  
**Cancellation Policy**  
**Release of Information**

**Mission:**

The practices of traditional naturopathy, complementary health therapies, and holistic nursing focus on protecting, promoting, and optimizing health and wellness, assisting healing, preventing illness and injury, alleviating suffering, and supporting people in their search for comfort, harmony, and balance. They are healing oriented vs. disease/cure oriented. This does not intend to negate the validity of conventional medical therapies but serves to compliment, broaden and enrich the scope of practice and help individuals access their greatest healing potential. Integration with traditional medical practices rather than segregation is advocated.

Suggestions, discussions and practices related to health promotion in this association are aimed at activities and preventive measures to increase well-being, promote relaxation, manage stress, encourage healing rituals and cultural practices, and promote environmental health and safety. Health is perceived as an individually defined state or process in which the person experiences a sense of well-being, harmony, and balance, and where subjective health beliefs and values are honored. It is recognized that the healing process is a continual journey of changing and evolving one's self that is characterized by the recognition of patterns that support or challenge health and healing. Healing involves the physical, mental, social and spiritual process of recovery, repair, renewal, and transformation that increases wholeness, order, and a deeper level of inner knowing and balance.

Holistic and/or alternative therapies used in this association address the whole person – body, mind, emotion, and spirit. The practitioner recognizes and integrates these facets in members and their environments, creating a caring-healing space and facilitating the member's individual growth and road to healing. This is accomplished through an integrative process involving assessing a member's needs, identifying challenges to healing, helping members to identify desired outcomes, and devising, implementing, and evaluating a plan to assist members in achieving their desired outcomes. The practitioner's intention is to help facilitate the healing process, and wellness is aimed at reaching one's highest potential. To promote healing and wellness, complementary therapies may be utilized, including biologically based therapies, biofield therapies, mind-body interventions, and whole medical systems. These are offered as complements to traditional, conventional medical, surgical and pharmacological treatments - never to override or replace them. Members are encouraged to seek care and guidance by a qualified medical practitioner in all health matters.

**Privacy**

Any and all information the member shares with the practitioner shall remain confidential and guarded unless written permission is obtained from the member.

**Acknowledgement**

- I understand that traditional naturopaths, holistic nurses, and complementary health therapists are not medical doctors (MDs), nor do they diagnose, treat or cure any disease or make any medical claims. They do not supplant competent medical care, nor do they dissuade anyone from seeking competent medical attention for any injury, illness, or other physical condition. Members are encouraged to seek

advice from competent medical professionals before beginning any new exercise, dietary, health, or nutritional program.

- I understand that I should continue to see any medical doctor I am currently under the care of, and that any prescription medication should not be altered without first consulting the doctor who recommended it.
- Traditional naturopaths and/or holistic nurses or other holistic practitioners are trained specialists who use non-invasive natural techniques such as dietary changes and supplements, biofield and energy therapies, and mind-body intervention to create a healthy environment in the body.
- Your visit today is based on the belief that the body has a natural ability to heal itself if given appropriate internal and external healing environments.
- Nothing said, done, typed, printed, or reproduced by this association is intended to diagnose, prescribe, treat, or take the place of a licensed physician or registered dietician.
- I am not on this visit or any subsequent visit acting as an agent for the federal, state, county, local agencies or news media on a mission of entrapment or investigation.

### **Specific Modalities:**

**Reiki** – I understand that Reiki is a stress reduction and relaxation technique and involves a gentle laying-on of the hands. Reiki practitioners do not diagnose conditions, prescribe substances, or perform medical treatments. I understand that long-term imbalances may require multiple sessions to allow the body to achieve balance. Individual results may vary.

**Reflexology** – I understand that Reflexology incorporates gentle massage of specific pressure points on the hands and/or feet. This technique may help oxygenate tissues in the body and help provide stress relief and reduction of pain and discomfort. It is not meant to diagnose or cure any disease or condition and may require a program of treatments to achieve desired results.

**Foot Ionizer Therapy** – I understand that this therapy is a gentle form of body detoxification and is not intended to treat or cure any specific disease or condition. It should not be used by members who have had organ transplants or who have pacemakers or by persons under the age of 15.

**Live & Dried Blood Cell Hemographics** – I understand that Live & Dried Blood Cell Hemographics are used as educational tools to screen for nutritional needs. It is not a diagnosis or treatment and is not to be construed as a medical opinion. The study of Live & Dried Blood Hemographics is still in the experimental stage.

**Computerized Biofeedback Scans** – I understand that Computerized Biofeedback Scans offer a non-invasive tool to assist in identifying food, environmental, and chemical sensitivities and reflect the major systems and organs of the body that are under stress. Results are then applied to the person's individual situation. It is used as a screening tool and not as a method of diagnosis or treatment and is not to be construed as a medical opinion.

**Nutritional Changes and/or Supplementation** – Traditional uses of supplementation and dietary suggestions to help create a healthy balance in the body may be discussed. This is not intended to be interpreted as a substitute for a licensed physician's nor registered dietician's treatment.

**Rife Technology** – I understand that Rife Technology delivers specific frequencies via light therapy designed to reduce various physical symptoms in the body. It may also include the use of the Galvanic Resonant Scanner to individualize frequency programs and the Ion Pro Wave to help detox after treatment. No medical claims are made or implied and this technology is not intended to diagnose, cure, prevent, treat, or mitigate any medical condition or disease. Individual results may vary.

**Emotional Healing Sessions** – Emotional healing sessions are designed to release trapped emotions that can contribute to physical and emotional stress. It is an energy therapy and employs the use of applied kinesiology. It is not to be used as a substitute for qualified psychological therapy and individual results may vary.

**Biofeedback Technology/Bioenergetic Therapies**– I understand that Biofeedback technology is a computerized scan that takes thousands of measurements to assess nutritional deficiencies, toxicities, parasites, heavy metals, bacteria, viruses and other problem areas. Based on these results, various bioenergetic therapies such as homeopathy, PEMF, Micropulse, Biomat, and others may be used to help rebalance the body systems. Biofeedback is used as a screening and not as a method of diagnosis or treatment and is not to be construed as a medical opinion. Bioenergetic therapies are not intended to cure or treat specific medical conditions and individual results may vary.

**Chiropractic** – I understand that chiropractic services at Healing Arts are performed only by chiropractors fully licensed in the State of Indiana and according to accepted standards of practice within the State. Services may include manual or mechanical manipulation based on individual client needs and as determined by the licensed chiropractor.

**Acupuncture** – I understand that acupuncture services at Healing Arts are performed only by acupuncturists fully licensed in the State of Indiana and according to accepted standards of practice within the State. Services may include both needle and needleless acupuncture and/or laser therapy based on individual needs as determined by the licensed acupuncturist.

**Access Bars** – I understand that this technique involves touching 32 points on the head which can help eliminate elements of stress that lead to symptoms such as pain, insomnia, depression, anxiety, and many others. It does not serve to diagnose or treat any specific disease conditions and is not intended as a medical treatment. Individual results may vary.

**Massage/Body Work** – I understand that massage/body work at Healing Arts is performed only by massage therapists certified in the State of Indiana and according to accepted standards of practice within the State. Massage therapists cannot diagnose any medical, physical, or emotional disorder nor perform any manipulations. It is intended for relaxation and should not be construed as medical treatment.

- I acknowledge my commitment to my self-improvement process and recognize that a natural and holistic program must be followed with perseverance to be truly effective.

#### **Cancellation/No Show Policy**

In order to be respectful of the needs of other clients, please be courteous and call Healing Arts promptly if you are unable to attend an appointment. This time will be reallocated to someone else who is in need of treatment. If it is necessary to cancel your scheduled appointment, we require that you call at least 24 hours in advance and calling early in the day is appreciated. Your early cancellation will give another person the

possibility to have access to care. Any appointment that is not cancelled at least 24 hours before the appointment time will result in a fee of \$25 billed to the client's account.

A "no-show" is someone who misses an appointment without cancelling it in advance. "No-shows" inconvenience those individuals who need access to care in a timely manner. A failure to be present for an appointment will be recorded in the client's chart as a "no-show" and will result in a fee of \$50 billed to the client's account.

### Release of Information

I authorize the release of information including the diagnostics, records, examination rendered to me and claims information. This information may be release to:

- Spouse \_\_\_\_\_
- Child(ren) \_\_\_\_\_
- Other \_\_\_\_\_
- Information is not to be released to anyone.

This Release of Information will remain in effect until terminated by me in writing.

### Messages

Please call  my home  my work  my cell number:

If unable to reach me:

- you may leave a detailed message
- please leave a message asking me to return your call

The best time to reach me is (day) \_\_\_\_\_ between (time) \_\_\_\_\_

**I have read and discussed all above information and understand and agree with it completely.**

\_\_\_\_\_  
Member Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Dependent Name

\_\_\_\_\_  
Date