

·Learn & Grow·

Welcome to our first newsletter and summer calendar of events for Learning Arts Center!

As Program Coordinator for Learning Arts Center, I can assure you we have been working diligently to develop and offer programming that is worthwhile and beneficial to the community and the special populations we serve. That has been quite a challenge in these last many weeks, but we are continuing to move forward, looking ahead to better days to come.

This summer, we will be offering a wide variety of programming for people of all ages, and our main focus will be providing quality health and life skills education for children and adults with special needs. Our programming is meaningful and engaging and utilizes a multi-sensory approach. In addition, we offer programming for those with dementia-related illnesses and support family members and caregivers with educational activities to help manage stress.

Beginning June 1st, all are invited to attend the following events at Learning Arts Center live or watch it on Facebook Live and posted on Instagram on the Learning Arts Center Facebook page. A list of events follows, and all are offered free of charge or by donation only, in cooperation with **One for Everyone**. Learning Arts Center will be extra vigilant in using appropriate measures to help protect all clients as well as themselves. Masks must be worn by all clients and staff through the month of June, and the need will be assessed during July and August. Handwashing will be done after each program, and clients and caregivers should wash their hands as well. We greatly appreciate your cooperation.

My goal as Program Coordinator is to meet the educational and social needs of special needs children and adults as well as their families. I also will work hard to support clients with dementia-related illnesses and their caregivers. I dedicate myself to bringing creativity, passion, and a positive attitude to my role at Learning Arts Center. As a teacher for 30-plus years, I have worked with children most of my life. I love interacting and seeing “lightbulbs” go off. My role at Learning Arts Center is a culmination of all my experience and talents – everything I love to do is now in one place! Please join us and see what we have to offer!



Ruth Johnston, Program Coordinator



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Mission Statement:

The mission of Learning Arts Center is to identify and provide quality health and life skills education for both children and adults, helping them to achieve their full potential.

We address educational needs of children and adults with special needs, as well as provide ongoing support for family members.

We work in the spirit of cooperation with other community health and educational providers to better meet community needs.

We foster volunteer opportunities to strengthen community involvement, support, and mutual understanding.

We will primarily be focused on programming activities for adults and children with special needs, such as Down Syndrome, Autism, and ADD. This programming is a community effort, and many accomplished community members are investing a lot of time and effort into the development of these programs.

Summer Calendar

June Events

- June 2 **Music Smarties Singalong*** - 3:30-3:50 pm
- June 5 **Take a Breather Chair Yoga*** - 4:15-5 pm
- June 8 **Story Time and Craft with Ms. Ruth*** - 10:30 am
- June 10 **Song & Craft for Father's Day*** - 10 am
- June 11 **Green Thumb Gardeners*** - 11 am
- June 16 **Music Smarties Singalong*** 3:30-4 pm
- June 18 **Body Balancing with Dr. Tracey** at the Learning Arts Center - 5 pm (*Wear masks*)
Appropriate for all ages, helps the body ground and center
- June 22 **Story Time & Craft with Ms. Ruth*** - 10:30 am
- June 23 **Body Balancing with Dr. Tracey** at the Learning Arts Center - 5 pm (*Wear masks*)
- June 24 **Make It Fun - Independence Day Crafts*** - 10 am
- June 26 **Take a Breather Chair Yoga*** - 4:15-5

July Events

- July 2 **Green Thumb Gardeners*** - 11 am
- July 6 **Music Smarties Singalong*** - 3:30-4 pm
- July 8 **Make It Fun Crafts*** - 10 am
- July 10 **Take a Breather Chair Yoga*** - 4:15-5 pm
- July 13 **Family Connect Movement Class** - 5 pm
- July 14 **Story Time & Craft with Ms. Ruth*** - 10:30 am
- July 16 **Body Balancing with Dr. Tracey Curtis** - 5 pm
- July 20 **Dementia Caregiver Support Group** - 1-2:30 pm
- July 20 **Music Smarties Singalong*** - 3:30 pm
- July 21 **Body Balancing with Dr. Tracey** - 5 pm
- July 22 **Make It Fun - Circus Theme Crafts*** - 10 am
- July 24 **Take a Breather Chair Yoga*** - 4:15-5:00 pm
- July 27 **Story Time & Craft with Ms. Ruth*** - 10:30 am
- July 30 **Dementia Caregiver Education: Topic on Reducing Caregiver Stress** - 1-2:30 pm

August Events

- August 3 **Music Smarties Singalong*** - 3:30 - 4 pm
- August 7 **Take a Breather Chair Yoga*** - 4:15-5 pm
- August 10 **Story Time & Craft with Ms. Ruth*** - 10:30 am
- August 10 **Family Connect Movement Class** - 5 pm
- August 12 **Make It Fun Crafts*** - 10 am
- August 17 **Dementia Caregiver Support Group** - 1-2:30 pm
- August 18 **Music Smarties Singalong*** - 3:30 pm
- August 20 **Body Balancing with Dr. Tracey** - 5 pm
- August 24 **Story Time & Craft*** - 10:30 am
- August 25 **Body Balancing with Dr. Tracey** - 5 pm



Do You Have a Programming Idea?

Do you have an idea that would be a great fit for the Learning Arts Center? Are you a professional counselor, educator, or medical professional who might be willing to share your knowledge to do a workshop for others? Are you crafty or do you have a special talent that might enhance our Learning Arts Center Mission? If you answered "Yes" to any of these, please contact Ruth Johnston at learningartscenter@gmail.com or call 219-510-5623.

Calling All Volunteers!

As we are beginning programming for Learning Arts Center, we are looking for volunteers to share their talents and to serve our clients in the months ahead. Specifically, we are looking for people to assist with activities, lead programs, coordinate special events, and tutor. Volunteer training is provided with the orientation of each volunteer. In the fall, the tutoring program will be in full swing with the beginning of the new school year. Please contact Ruth Johnston at learningartscenter@gmail.com or 219-510-5623 or find the Volunteer Application on the Healing Arts Center website.

Large Meeting Space for Rent!

The Learning Arts Center has 1600 square foot of space available for community groups. This is a large, open space with a restroom, sink, tables and chairs and a beautiful wall of windows. For more information, call Ruth Johnston at 219-510-5623 today.



Learning Arts Center
2307 LaPorte Avenue
Suite 12
Valparaiso, IN 46383

Phone: 219-510-5623
Fax: 219-286-3965
healingartsvalpo.com

Follow us on Facebook!



Learning Arts Center

Email: learningartscenter@gmail.com